

FOUNDATION FEATURE:

# Women



# Who Give

## #GIVINGTUESDAY™

Tuesday, November 27, has been designated the National Day of Giving, or Giving Tuesday. In conjunction with Giving Tuesday, the National Snaffle Bit Association Foundation is recognizing women who give of their time, talents and resources.

NSBA Foundation Chair Amy Hassinger noted: "Giving is a special act of selflessness that benefits not only the recipient, but also the giver. The act of putting someone ahead of yourself and giving them (or an organization) a 'leg up' is amazing! Giving is easy! Time, resources, care, compassion or volunteering... they all make a difference in the lives of others. Giving to others is a gift that you give yourself!"

### LYDIA BRAHLER, SPRINGFIELD, ILLINOIS

"My inspiration to give back to my community stems from my family and my parents, David and Elizabeth Brahler.

"Giving is extremely important to me. I know a vast majority of people do not have the same opportunities and lifestyle that I am so lucky to have. When you give to others, you gain so much more appreciation for the people in your life and the things you have."

### KATHY HEADLEY, BLOOMINGTON, INDIANA

"My parents taught me to have a servant mentality, reinforced through church, when approaching any situation. You give what you can. It does not always have to be financial, maybe giving time, a kind word, a step up to someone. Many times a kind word may change someone's day or life."

### BETH HARTMAN, MATTAWAN, MICHIGAN

"It's the people who inspire me. An 80-plus year old blind woman who trusts me to help her ride for an hour—she inspires me. A non-verbal autistic teenage boy who smiles and laughs when we trot down the rail—he inspires me. When a teenage girl gains confidence by being around the horse and uses that confidence to face her trials – that inspires me. It's simply about people."

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*Just to brighten someone's day is fulfilling."*

### RUTH ELLEN, LITTLE ELM, TEXAS

"I was brought up by parents who worked as volunteers. My sisters and I were taught that giving is not always about money. When I was little I made pot holders and went door to door selling them to donate money to Cerebral Palsy. Since I love dogs, I turned my attention to therapy dogs as a way to give back. Now I take my dog Frankie and we go into an assisted living facilities, memory care facilities and homeless shelter reading programs. I continue because even in the most dire circumstances, my dog can make someone smile."

### JANET GUNN, GREENSBURG, INDIANA

"Growing up in a Christian family, my parents often used the Golden Rule to help us choose our actions. Jesus tells us in Luke 6:31: 'Do until others as you would have them do to you.' As we grew up, we also learned that we are blessed to be a blessing to others as is taught in Genesis 12:1-20: 'How has that translated into my adult life?' Giving was an early lesson. It is fun to reminisce about how efforts evolve with the changes in our family."

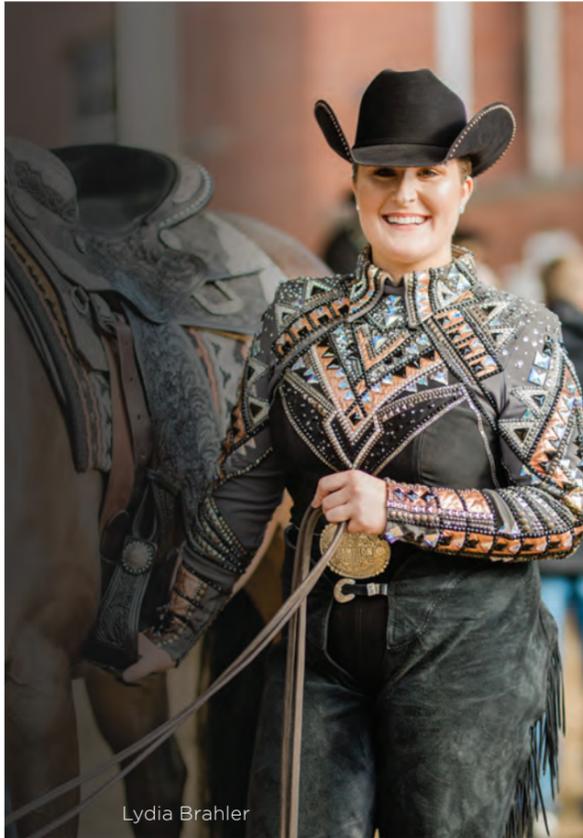
### PATTY BRUNNER, RAPID CITY, SOUTH DAKOTA

"It's not what we have but what we give or share with others that is important. That's all inclusive of time, talent or money. Just to brighten someone's day is fulfilling. After my husband Don passed away in 2011, that need to help others became an acute realization. It gave me purpose and joy to help others through similar circumstances."

### LAUREL CHAMPLIN, PILOT POINT, TEXAS

"Giving has always been a private endeavor, so it's difficult to talk about the subject. I would like to change that and make it a normal part of life. I don't know that one thing inspired me to start giving. I only know that I feel great when I do. I'm trying to get out of my box and challenge myself more."

Giving Tuesday is the perfect opportunity to help the NSBA Foundation continue its mission to grow the equine community. Giving can be as simple as going to smile.amazon.com to make your Amazon purchases or going to [www.nsba.com](http://www.nsba.com) to make a donation. Whether you give time, talent or treasure, please consider giving to the NSBA Foundation on Giving Tuesday or any time during the year. ■



Lydia Brahler



Beth Hartman



Ruth Ellen



Janet Gunn



Patty Brunner



Laurel Champlin